



Lympha Press USA

# Lympha Press Optimal®

- Pretherapy™ based on the principles of manual lymph drainage
- Torso and abdominal therapy
- Bilateral or unilateral treatment
- 12-zone gradient sequential compression
- Therapy lock, for safe and easy use

The freedom of lymphedema treatment at home, with a therapist's touch.



Lympha Press Optimal® is a home therapy system for lymphedema and venous insufficiency. It combines the gentle touch of manual lymph drainage with Lympha Press® gradient sequential compression, in a system that adapts to patient needs.

Complete abdominal and torso therapy with our modular garments

# Lympha Press Optimal®

Designed in accordance with the principles of Manual Lymph Drainage, Lympha Press Optimal® is the most versatile, yet easy to use home care lymphedema treatment system available today.



## Treatment modes:

- **Pretherapy™** – based on the principles of manual lymph drainage. This mode clears the proximal lymphatics prior to the main treatment cycle.
- **Sequential** – Lympha Press® quality 12-zone calibrated pneumatic compression therapy.
- **Peristaltic** – Wave-type calibrated gradient massage, for patients with focal discomfort.



**FULL BILATERAL CAPABILITY:**  
Bilateral or unilateral therapy, with complete abdominal treatment.

*MODES AND PRESSURE ARE LOCKED IN FOR SAFE PATIENT USE AT HOME.*

## Indications:

- Primary lymphedema
- Secondary lymphedema
- Venous insufficiency
- Venous stasis ulcers
- Dysfunction of the muscle pump

## Specifications:

Model	Lympha Press Optimal® 1201-AP
Pressure range	20 to 90 mmHg
Size	15×32×38.5 cm (6"×12 ½"×15¼")
Weight	6.5 kg (14.3 lbs)
Electrical	115V 50/60 Hz



**Contraindications:** Known or suspected deep vein thrombosis or pulmonary embolism; during the inflammatory phlebitis process; acute infection of the affected limb; decompensated cardiac failure; severe arteriosclerosis or other ischemic vascular disease; and any circumstance where increased venous and lymphatic return is undesirable. Due to movement of fluids in the body when using the device, be careful with patients that have heart disease. Using high pressure is not recommended for patients having peripheral occlusion disease. The abdominal area should not be treated during pregnancy. If an abdominal garment (Lympha Pants™, Lympha Jacket™, groin/abdomen garment or torso/abdomen garment) is to be used during pregnancy, the air cells over the abdomen must be disconnected prior to use. Federal law (USA) restricts this device to sale and use by, or on the order of, a physician.

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